

The sum of your word is truth, and every one of your righteous rules endures forever.

PSALM 119:160 (ESV)

What Do YOU DO?

Read each story and think about it. Then, write sentences or draw a picture to show what you would do.

You watched a man putting money back in his wallet after buying a newspaper. He dropped a \$10 bill on the ground but didn't seem to notice it. What do you do?

Mom asked if you had finished your homework. You haven't, but if you say that, she won't let you play video games. Your friend is waiting to play with you. You know you can get your homework done later. What do you do?

Sometimes when you watch television you hear God's name used in anger. You have some friends who use His name wrong, too! What do you do?

Your best friend just got a surprise from her parents, and you think it's really great. What do you do?

Which Commandment Helps?

God gave the Ten Commandments to help us know how to live. Look at the list and mark if it is easy, sometimes easy, or hard for you to obey that Commandment. And don't worry about marking anything for number 7 because we know you aren't married! 😊 After you finish, take another look at the stories above. In the colored dots write the number of the Commandment that applies.

1. Don't worship other gods.

- easy
- sometimes easy
- hard

2. Don't worship things.

- easy
- sometimes easy
- hard

3. Don't use God's name in the wrong way.

- easy
- sometimes easy
- hard

4. Rest on the Sabbath.

- easy
- sometimes easy
- hard

5. Honor your parents.

- easy
- sometimes easy
- hard

6. Don't murder.

- easy
- sometimes easy
- hard

7. Remember your wedding promises.



8. Don't steal.

- easy
- sometimes easy
- hard

9. Don't lie.

- easy
- sometimes easy
- hard

10. Don't wish for what others have.

- easy
- sometimes easy
- hard

BIBLE STUDIES FOR LIFE®

1

CONVERSATION

God Gave the Commandments

EXODUS 19–20; 31:18

The Israelites were camped near Mount Sinai. God called Moses to the top of the mountain and said, “Remind the people what I did when I rescued them from the Egyptians. If they listen to Me and obey Me, they will be My holy nation.”

Moses gave God’s message to the people, and they agreed to obey God.

God told Moses that He would speak in a thick cloud. Moses told the people to prepare to hear God and not to go near the mountain.

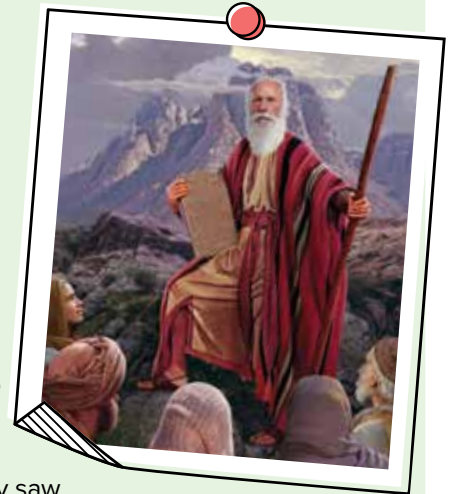
The people heard a loud trumpet. They saw lightning and heard thunder. Smoke covered Mount Sinai, and it shook. God appeared to Moses in a fire on top of the mountain. Moses was on the mountain for 40 days. God gave Moses two stone tablets. On the tablets were the Commandments that God wrote with His own finger.

1. I am the Lord your God. Do not have any other gods but Me.
2. Do not make or worship statues or idols that look like anything on the earth or in the sky.
3. Honor and respect God’s name. Do not use God’s name in a bad way.
4. Remember the Sabbath day and keep it holy. Work six days and rest on the seventh.
5. Honor and respect your father and mother.
6. Do not murder.
7. Keep your marriage promises to your husband or wife.
8. Do not steal.
9. Do not lie.
10. Do not want something that belongs to someone else.

The people trembled and stood at a distance. Moses said to them, “Don’t be afraid. Listen to the Commandments and obey them. The Lord our God has spoken from heaven so that you will know how to live and not sin. We will be His people if we keep His Commandments.”

WEEKLY BIBLE VERSE: Psalm 119:105

LIFE POINT: In the Bible, God tells us what He wants us to know and do.



THE BIBLE MEETS LIFE

Today your child heard that God tells us in the Bible what He wants us to do. After God saved the people from Egyptian slavery, He led them to a mountain where He gave Moses and the people the Ten Commandments.

LIVE IT OUT

As a family recall the Ten Commandments. Check your memory by reviewing the Bible story or opening your Bible to Exodus 20:3-17. Talk about the Ten Commandments with your child. Play a game to determine who can name all Ten Commandments in order.

LEVEL OF BIBLICAL LEARNING

The Bible is God’s message about Himself.

DAILY BIBLE READING

Sunday: Psalm 119:105

Monday: Psalm 1:2

Tuesday: Psalm 119:118

Wednesday: 2 Timothy 2:7

Thursday: Hebrews 4:12

Friday: 1 Timothy 4:13

Saturday: John 15:7

TAKE IT FURTHER: Check out *God Gave the Commandments* in Bible Studies for Life on the LifeWay Kids App for Bible stories and games.

