## **WELCOME TO HARVEST**

11.27-28.21

## Surviving the Dark Moments Lamentations 3

A universal reality: gets
Two necessities to survive the dark seasons:
1. I have to win the over my
Identify what is and what are
Three dangerous lies darkness produces:
1. Suffering is not of the
2. This is
3. None of this is
Surround yourself with
Resist the urge to live down the
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Big Idea: So much of the in our
lives is caused by us problems we
haven't been given the for.
2. My have to
Small steps of
Do what you can to take your off