

ELIJAH
THE PATH TO AND FROM DEPRESSION
1 Kings 19

Big Idea: The same _____ we see on the
_____ with us in the
_____.

The Path to Depression:

1. _____
2. _____
3. _____ Godly _____
4. _____

The Path to Recovery:

1. _____ care
2. _____ the _____
3. _____ we don't _____
God's plan
4. Accept our _____ / _____